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## **Double R TV Host Receives International Acclaim**

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Local television host and fitness guru Regie Thornton has experienced his first taste of international fame. Thornton was featured on the French television program *Toutes Les Teles Du Monde (All the TVs on Earth)*, an informational show that profiled television programs created for and by African-Americans. The television crew reviewed all of the programming on Howard University TV channel 32 WHUT, a local PBS affiliate, and chose *Gospelrobics* as the program to feature. Thornton is the host of *Gospelrobics*, an exercise and fitness program that combines introductory aerobics with uplifting gospel music. The unique show has made Thornton a recognizable figure in Washington, D.C.. *Gospelrobics* airs on WHUT on Saturday mornings at 8:30.

In March of 2007 *Toutes Les Teles Du Monde* traveled to the nation's capital to interview Thornton and gain a better understanding of *Gospelrobics*. The *Gospelrobics* segment aired during an episode of *Toutes Les Teles Du Monde* that put Thornton alongside prominent African-American media personalities such as Tavis Smiley, Cathy Hughes and Oprah Winfrey.

"I don't speak French, but the message of maintaining the body, mind, and soul is universal. *Gospelrobics* appeals to any language, nationality, and country and hopefully this will help another culture adopt a fun and healthy lifestyle," Thornton said.

The spotlight on Thornton has not blinded him from pursuing other projects. Working with *Gospelrobics* producers at **Double R Productions**, Thornton has begun work to develop another fitness program titled *Fitness 2 Go*. Thornton is also chasing history as he attempts to be one of the oldest men to qualify for the Olympic trials in the 400-meter hurdle event. Out of the public eye Thornton works as a personal trainer for Yohnnex Sports in Fort Washington, Maryland.

**Double R Productions** is a full service communications firm, specializing in film, television and all manner of media production in Washington, DC. Projects include original programming, public service announcements, non-broadcast productions for corporate/non-profit organizations and government agencies as well as video news releases and commercials.